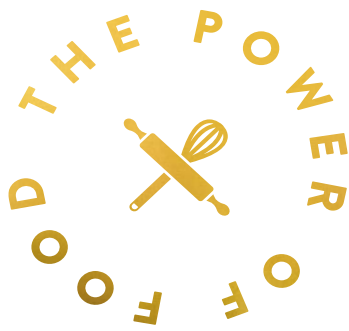


bistro 128 Jan 30th - Feb 3rd



Weekly Menu

everyday
available at
lunch:
LOCO MOCO

★ Chef's Special
 🏠 Local Favorite
 (V) Vegetarian

Monday	<u>grill special</u>	Calories
breakfast:	sausage , egg & cheese casserole	435
🏠 entrée:	spud shack	varies
(V) entrée:	make it vegetarian	varies
protein	fire braised pork	140
protein	three bean veggie chili	80
topping	garlic & spice broccoli	80
topping	roasted mushrooms	30
soup:	tomato bisque	158
Tuesday	<u>grill special</u>	Calories
breakfast:	Fried rice w/Egg	265
🏠 entrée:	pork monggo beans	375
(V) entrée	Butternut squash monggo	219
side item:	white rice	120
side item:	brown rice	122
side item:	green beans	46
side item:	roasted carrots	38
soup:	minestrone	199
Wednesday	<u>grill special</u>	Calories
breakfast:	quesadilla	
★ entrée:	tavolo italiana	varies
(VG) entrée:	make it vegetarian	varies
protein	lemon rosemary chicken/beef meatball	
protein	veggie meatball	
topping	garlic spinach	70
topping	italian peas & mushrooms	70
soup:	loaded potato	253
Thursday	<u>grill special</u>	Calories
breakfast:	blueberry pancake	222
🏠 entrée:	Beef stew	252
(V) entrée:	veggie version	270
side item:	white rice	120
side item:	sauteed cabbage	39
side item:	broccoli & cauliflower	24
side item:	potato wedges	78
soup:	Butternut squash	123
Friday	<u>grill special</u>	Calories
breakfast:	cook's choice	
★ 🏠 entrée:	drums & flats	310
(V/VG) entrée:	crispy buffalo cauliflower	70
side item:	cucumber & tomato salad	90
side item:	praline wedge salad	340
side item:	tater tots	160
side item:	carrot & raisin salad	110
soup:	chicken noodle	132